

BIG HOUSE BOXING AND MMA

1131 May St Lansing, Mi 48906 517-894-2506 bighouseboxing.com

June 12th 2009 Amateur MMA Fights - Gizzard Fest Fact Sheet

Venue: 119 East Main Street, Potterville, Michigan 48876 (Big House Boxing & MMA Tent)

Directors: Carl Hatley 1131 May St. Lansing, MI 48906 517-894-2506

Fighter Registration: Online at <http://www.bighouseboxing.com/fighters.html>

Passes: Fighters get 2 Cornermen Passes. They will be handed out at the 6pm Meeting.
No one will be allowed in without a ticket or passes.

Coaches & Fighter Meeting: 6pm (Sharp) Friday June 12th at the Big House Tent—
119 East Main Street, Potterville, Mi 48876.

Weigh-Ins & Physicals: Immediately following coaches & fighter meeting.

Music: Must be a MP3 and emailed to info@bighouseboxing.com – Subject line must say fighter's name and music. (must be received before Wed June 10th)

Handwraps: Fighters & Cornermen will be responsible for wrapping their own hands
Gauze and Tape will be provided by Big House Boxing and MMA.
All wraps will be inspected before and after each fight.

Show Time: Friday, June 12th show starts at 8 p.m.

Weight Divisions:

Bantamweight up to 135 lb

Featherweight 145 lb

Lightweight 155 lb

Welterweight 170 lb

Middleweight 185 lb

Light Heavyweight 205 lb

Heavyweight 225 lb +

Round length: Round 1: 5 minutes - Round 2: 3 minutes - Round 3: 3 minutes

Rules: *Unified Rules of Combat* prevail at all times except when in conflict with Big House's Rules.

Awards: *Trophies & Medals*